Adon Olam / אֲדוֹן עוֹלָם

[1] אֲדוֹן עוֹלָם אֲשֶׁר מָלַךְ,

[2] בְּטֶרֶם כָּל יְצִיר נִבְרָא.

[3] לְעֵת נַעֲשָׂה בְחֶפְצוֹ כֹּל,

[4] אֲזַי מֶלֶךְ שְׁמוֹ נִקְרָא.

[5] וְאַחֲרֵי כִּכְלוֹת הַכֹּל,

[6] לְבַדּוֹ יִמְלוֹךְ נוֹרָא.

[7] וְהוּא הָיָה, וְהוּא הֹוֶה,

[8] וְהוּא יִהְיֶה, בְּתִפְאָרָה.

[9] וְהוּא אֶחָד וְאֵין שֵׁנִי,

[10] לְהַמְשִׁיל לוֹ לְהַחְבִּירָה.

[11] בְּלִי רֵאשִׁית בְּלִי תַכְלִית,

[12] וְלוֹ הָעֹז וְהַמִּשְׂרָה.

[13] וְהוּא אֵלִי וְחַי גֹּאֲלִי,

[14] וְצוּר חֶבְלִי בְּעֵת צָרָה.

[15] וְהוּא נִסִּי וּמָנוֹס לִי,

[16] מְנָת כּוֹסִי בְּיוֹם אֶקְרָא.

[17] בְּיָדוֹ אַפְקִיד רוּחִי,

[18] בְּעֵת אִישַׁן וְאָעִירָה.

[19] וְעִם רוּחִי גְּוִיָּתִי,

[20] יְיָ לִי וְלֹא אִירָא.

[1] Eternal Lord, who reigned

[2] Before any creature was created,

[3] When all was made according to His will,

[4] Then His name will be proclaimed as sovereign

[5] And after all things will cease to be,

[6] In glory He shall still reign,

[7] He was, He is,

[8] And He shall be in glory.

[9] He is alone, there is no second,

[10] No comparison, no associate,

[11] Without beginning, without end,

[12] Power and dominion are His.

[13] He is my God, my living redeemer,

[14] Rock of my destiny in times of trouble,

[15] He is my banner and my refuge,

[16] Filling my cup on the day that I call.

[17] Into His hand I entrust my spirit,

[18] When I sleep, and when I awake,

[19] And with my spirit and my body,

[20] The Lord is with me, I shall not fear.

Tefillah #19